



NATIONAL ADVOCACY,
COMMUNITY ACTION.



FARRAH KHAN

Activism

Farrah Khan is a globally recognized expert on gender justice. For over two decades, she has worked at the intersections of frontline support, policy innovation, public education, art creation and youth mentorship to create systemic change.

At 16, Farrah began developing the BRAVE Model©, a groundbreaking trauma-informed peer support framework. Since then, she has trained over 100,000 people to respond to sexual violence with compassion and responsibility. Farrah continues to innovate and enhance survivor-centred healing and violence prevention education across the country. This includes leading Toronto Metropolitan University's Consent Comes First Office and co-developing Use the Right Words, a media guide to advance trauma-informed reporting on sexual violence, which Canadian newsrooms and journalism schools have adopted.

Farrah's expertise has shaped policy and legislative change on sexual violence nationally and internationally, including as a G7 Gender Equality Advisory Council member and co-chair

of Ontario's Provincial Roundtable on Violence Against Women. As the founder of Possibility Seeds, she spearheaded Courage to Act, the first project of its kind in Canada to address and prevent gender-based violence at post-secondary institutions, benefiting 1.8 million post-secondary students and employees. A sought-after expert, Farrah is featured in *CBC*, *Maclean's*, *Chatelaine*, and *The Guardian*. Her writing has appeared in the *Toronto Star* and *The Globe and Mail*.

She was also recognized with the Governor General Award for the Person's Case and the Canadian Council of Muslim Women Award.

Farrah is the Executive Director of Action Canada, advancing sexual health and reproductive rights nationwide. She is currently on medical leave recovering from small cell cervical cancer and breast cancer. Her lifelong work reflects a commitment to addressing systemic change rooted in joy, equity, and care.

WWW.WOMENOFDISTINCTION.CA | [#YWCAWOD](https://twitter.com/YWCAWOD)

FOLLOW US ON SOCIAL MEDIA TO LEARN MORE ABOUT OUR
2025 WOMEN OF DISTINCTION AND OUR AWARDS CEREMONY ON MAY 27

